



*“Sometimes, reaching out and taking someone’s hand is the beginning of a journey. At other times, it is allowing another to take yours.”
-Author Vera Nazarian*

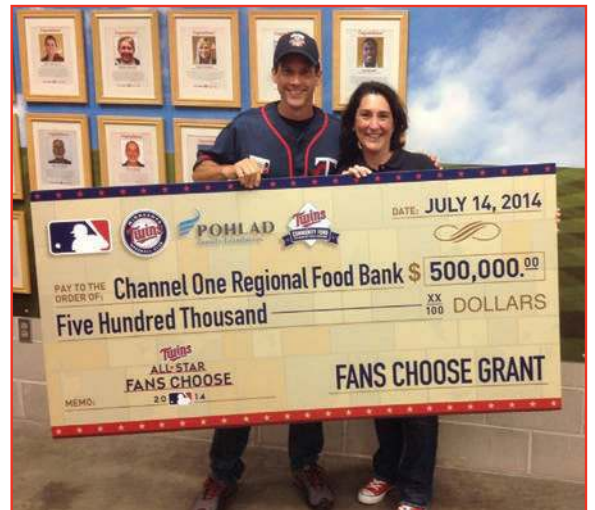
Last year when we sent out our Annual Report, I was able to share with you the beginnings of a journey that we were undertaking to improve Channel One’s capacity to meet the needs of increasing numbers of people struggling with hunger in Southeast Minnesota and Western Wisconsin. What a journey the last year has been! We broke ground on our warehouse expansion in October, and despite Mother Nature’s best efforts with a very cold and windy winter, we finished the main part of the warehouse expansion in May. Our new repack room that will be used to get food ready for distribution is almost finished. Crews are working daily to enlarge the freezer and cooler by 50%. And we plan to break ground on our new teaching kitchen and community classroom in just a couple of weeks. All of this work is made possible by our generous donors whose contributions to the campaign are feeding people and changing lives. We are grateful for ALL of the donors to the campaign, both large and small. We are also grateful to everyone who spread the word and voted, making Channel One the first ever All Star Game Fans Choose \$500,000 grant winner from the Minnesota Twins, the Pohlad Family Foundation, the Twins Community Fund and Major League Baseball!

As I have shared before, our facility expansion is necessary so that Channel One can continue to meet the needs of those struggling with hunger throughout our service area. In our last fiscal year, we distributed nearly 9.5 million pounds of food to approximately 100,000 people in Southeast Minnesota and Western Wisconsin. We distributed 15% more produce this year than last – a whopping 1.7 million pounds of fresh fruits and vegetables.

What has really made our journey over the past year amazing are the people who are part of it. We are blessed with wonderful staff, fantastic agency partners, generous donors and incredible volunteers – over 2,300 this past fiscal year – who walk with us on this journey. But the really special part of this journey are our clients...the little boy whose eyes lit up when his mom handed him a fresh apple to eat that she had just received in our food shelf. Or the senior who wiped away tears as a volunteer helped her load her cart with enough food to fill her pantry. Or the single father who was able to take a deep breath and stand up tall, knowing he now had enough food to feed his two kids until his next payday. Those individuals are the key to our journey. We are grateful to them for the trust they place in us, and we are grateful to you for providing the resources necessary to fulfill that trust.



New racking in expanded warehouse space



Ben Johnson, Board President, Channel One, and Jennifer Woodford, Executive Director, Channel One, accept Twins grant.

Thank you for your continued support as we continue our journey to feed people and change lives!

Jennifer Woodford, Executive Director



2013-2014 Food Donors

Ace Hardware
Aldi
Austin Packaging
Bellisio Foods
Big Kmart
Big Lots
Bimbo Bakeries
Birdseye Foods
Bisek Gardens
Bread Baker
Bridgeview Farms
Bronk Farm
Brownberry Bread
Burts Meats
Bushel Boy
Byron Marketplace
Cargill
Caribou Coffee
Cashwise Store
Cobbler Knob Orchard
Costco
Cub Foods
D & R Vending
DNR
Eagle Transport
Fareway Foods
Faribault Dairy
Faribault Foods
Featherstone Farms
Ferrara Candy
Firefly Berry Farm
FMC
Food Service Specialties
Frito Lay
Girl Scouts
Great Harvest Bread Co.
Greenway Coop
Greenwood Plants
Haven School
Heartbeet Farms
Hill & Vale Farms
Hilltop Farm
Holiday Stations
Hormel Foods
Hormel R & D
Hunger Task Force
Hunt Produce
HyVee
IBI Data
Jeff's Little Store
J.R. Watkins
Jimmy's Dressings
K.B. Poultry
Kathan's Orchard
Kemps
Kerry Industries
Kerry Ingredients

Kwik Trip
Lakeside Foods
Lawrence Transport
Lee's Apples
Malt-O-Meal - MOM Brands
McLane Minnesota
MN Corrugated
Mrs. Gerry's Kitchen
Northwoods Orchard
Oak Center
Old Dutch
Olmsted County Dairy Assoc.
Olmsted County History Center
Pace Dairy Foods
Panera
People's Food Co-op
Pepin Heights Orchard
Pepperidge Farm
Pepsi Rochester
Petco
Potato King
Reichel Foods
Reinhart Food Service
R-Four Meats
Riverland Distributing
Rochester Farmers Market
Rochester Meats
RYHA
Sacia Orchard
Salvo Farms
Sampson Dairy
Sam's Club
Sekapp Orchard
Seneca Foods
Silver Creek Farm
Silver Lake Foods
Sno Pac Foods
Sogn Valley Orchards
Southwind Orchard
SunOpta
Sweet Harvest
Syngenta
Target
Thoreson Farm
Trader Joe's
Treasure Island
Trump Orchard
Upper Lakes Foods
Van Erkel Farms
Ventura Farms
WAFER
Walgreens
Walmart
Watkins
Wescott Orchard
Witzell Farm
Whitewater Gardens
Wholesale Distribution Services

Feeding People Together

This past fiscal year, Channel One volunteers donated 29,030 hours - enough time to equal 14 fulltime staff members! Volunteers play an integral role in helping Channel One Regional Food Bank help feed people in need. We appreciate the variety of talents and interests that our volunteers bring to the table at Channel One to help us continue to carry out our work in the fight against hunger.

Here is a story of some of our volunteers who joined together to utilize their creative talents to benefit our hunger relief programs at Channel One:

On June 9, 2013, Colleen Worisek, Jane Mervosh and Becky Meyerhofer started a project called Cards for a Cause as a way to raise



money for Channel One. Cards for a Cause volunteers create greeting cards, which are sold in three locations around Rochester: FloRae Hair Salon, Pirkli Chiropractic, and Hank and Purl Knitting Shop. Cards for a Cause contributes all of the supplies used to create the cards and donates 100% of its sales to Channel One. To date, these volunteers have raised enough money to provide food equal to 15,000 meals to our community members in need!

Colleen Worisek, a Cards for a Cause founder and volunteer, said, "We have found this project to be very rewarding and are so pleased with the success we have had selling our cards. At a cost of only \$2 a card, this amounts to us selling 1,500 greeting cards to benefit Channel One! The businesses who sell our cards have been very happy to support Channel One through card sales as well. We look forward to seeing Cards for a Cause grow, and our donations increase as time goes on. We know the funds we have raised are well used by Channel One as the needs in our community continue to grow."



In Fiscal Year 2013-2014, Channel One distributed nearly 9.5 million pounds of food to over 100,000 people in need. Over 40% of these clients are children.



2013-2014 Partner Programs

Serving Our Neighbors

A Child's Delight Too
 ABLE
 After School Kid Fuel
 AIDS Resource Center of WI
 Albert Lea Head Start Backpack Program
 ALC Ram's
 Alden Area Food Shelf
 All Seasons Backpack Program
 All Seasons Community Service Food Shelf
 Amana Childcare and Preschool
 American Red Cross
 ARC Mower County
 Area Neighborhood Services Center
 Associated Bank Backpack Program
 Association for Retarded Citizens
 Attic Correctional Services
 Bamber Valley Elementary School
 Basic Blessing Backpack Program
 Book Study Backpack Program
 Boy's & Girl's Club of La Crosse
 Boy's & Girl's Club of Rochester
 Brunk House-Attic Correctional
 Byron Elementary Backpack Program
 Byron Food Shelf
 Camp Winnebago
 Cannon Falls Backpack Program
 Cannon Falls Food Shelf
 Caring Partners
 CCRR Head Start
 Cedar Kids
 Century High School Food Shelf
 Chatfield Backpack Program
 Chrishaven Group Homes
 Christian Family Child Care
 Christmas Anonymous Families & Seniors
 Churchill Elementary School
 Community Cathedral Cafe
 Community Food Response
 Community Supper
 Compassion Connection
 Cronin Home
 Crosswinds Church Backpack Program
 CSFP-Multiple Locations
 Damascus Way Re-Entry Center
 Depot After School Program
 Dorothy Day House
 Ecumenical Food Pantry
 Ellendale Area Food Shelf
 Elton Hills Elementary School
 Emergency Food Basket
 Family and Children's Center
 Faribault Area Food Shelf
 Faribault County Mobile Pantry
 First Baptist Food Shelf
 Fish and Loaves
 Folwell Elementary School
 Franciscan Skemp
 Franklin Montessori Elementary School
 Friedell Middle School
 Friendship Place
 Full Belly, Inc.
 Gage Elementary School
 Gerard Academy
 Gibbs Elementary School
 Good Shepherd Backpack Program
 Goodhue Co. Christmas Project
 Grace Lutheran Church Food Shelf
 Grand Meadow Faith Community
 Harriet Bishop Elementary School
 Harvest of Hope
 Hayfield Community Backpack Program
 Hayward Group Home -180 Degrees
 HCO-Multiple Locations
 Heritage Language School
 Helping Hands
 Hiawatha Homes-Multiple Locations
 Hiawatha Valley Mental Health
 Hill Toppers
 Hmong Mutual Assistance Assoc. La Crosse
 Hokah Area Food Shelf
 Hoover Elementary School
 Hope Coalition
 Hosanna Lutheran Church
 Hospitality House of Owatonna
 Houston Community Food Shelf
 HVED Day Treatment/School
 Hiawatha Valley Medical Health Center
 Janesville Community Food Shelf
 Janesville Elementary School
 Jefferson Elementary School
 John Adams Middle School
 John Marshall High School Food Shelf
 Kellogg Middle School
 Kids Connection
 Kids First
 Kingsland Backpack Program
 LaCrescent Montessori and STEM Academy
 La Crosse Mobile Pantry-WAFER
 Lake City Food Shelf

Laura Baker School Association
 LeRoy Food Shelf
 Lincoln K-8 Choice
 Longfellow Elementary School
 Lonsdale Area Food Shelf
 LSS Senior Nutrition
 Mabel Area Food Shelf
 Maple Leaf Service-Multiple
 Mayo High School Food Shelf
 Meals of Hope
 MN Adult and Teen Challenge
 MN Regular Baptist Camp, Inc.
 Nazarene Well House
 New Beginning Christian Meal
 New Horizons Shelter
 New Richland Food Shelf
 Northfield Community Action Ctr.
 Northfield Backpack Program
 Oak Terrace Parkside Assoc.
 Oasis Food Shelf
 Oronoco Food Shelf
 PAIIR
 Paws & Claws Humane Society
 Phoenix Academy Food Shelf
 Pine Island Sharing Shelves
 Pinewood Elementary School
 Plainview-Elgin Area Food Shelf
 PossAbilities of Southern MN
 Potter's House
 Red Wing Area Food Shelf
 Redeemed Christian Church
 Residential Treatment Center
 Rice County MP-Lonsdale
 Riverfront Lincoln House
 Riverfront Starlite House
 Riverfront Wedgwood House
 Riverside Elementary School
 Rochester ALC Food Shelf
 Rochester Campus Lions Club FS
 Rushford Backpack Project
 Ruth's House of Hope
 Salvation Army-Multiple Locations
 Saturday Noon Meals
 Seeds of Wisdom Day Care Ctr.
 Semcac Austin Head Start
 Semcac Caledonia Food Shelf
 Semcac Caledonia Head Start
 Semcac Owatonna Head Start
 Semcac Preston Food Shelf
 Semcac Rushford Food Shelf
 Semcac Senior Nutrition-Multi.
 Semcac Winona Head Start
 Silver Creek Corner
 Society of Vincent De Paul
 Soul Harbor Christian Fellowship
 South Troy Wesleyan Church
 Southern MN Women's Center
 Southland Faith Food Shelf
 Spring Grove Backpack Program
 Spring Valley Food Shelf
 SSVDP Food Pantry
 St. Augustine Catholic Church FS
 St. Charles Backpack Program
 St. Charles Food Shelf
 St. John's Food Shelf
 Steele County Food Shelf
 Stewartville Elementary School
 Sunday Lunch Program
 Sunrise Care Facility
 Sunset Terrace Elementary School
 Supplemental Food Shelf
 Supported Employment Program
 Susan's Supper
 Team Academy
 The Rock Youth for Christ
 Three Rivers Community Action
 Thursday's Table
 Top Flight Program
 Tri Community Backpack Program
 U of MN Nutrition Education
 United Methodist Church BP Prog.
 United Methodist Church FS
 UW of Mower County BP Prog.
 Unity House for Men and Women
 Upward Bound
 Vasa Children's Home LSS
 Vibrant Life Church
 Von Wald-180 Degrees
 Wabasha-Kellogg Area Food Shelf
 WAFER
 Waseca Senior Citizens Center
 Washington Elementary School
 We Share
 Wells Area Food Shelf & BP Prog.
 West Hills Lodge, Inc.
 West Salem Mobile Pantry
 Weston Youth Home
 Willow Creek Middle School
 Wing House

Winona Co. Devel. Achievement
 Winona Volunteer Services
 Women's Shelter, Inc.
 Word of Life
 Workforce Develop., Inc.
 YMCA Mentors
 Youth Night Campus
 ZV Thomas House
 Zumbrota Food Shelf
 Zumbrota BP Program

Together,



We are Feeding People



and Changing Lives



At Channel One, we offer hope and comfort to our clients struggling to make ends meet. Oftentimes, we are also given the opportunity to have our lives touched and be inspired by our clients. Our client Bobbie is always positive and brightens the room when she walks in. Bobbie, a proud mother of four children, grandmother of five and great grandma of two, moved to Rochester from Chicago in 1994. After moving here, Bobbie began working at Ability Building Center, where she worked for over 9 years before she retired. From successful careers to master's degrees, Bobbie has many reasons to be proud of her children and grandchildren. When asked what Channel One means to her, Bobbie shared, "Channel One is a blessing to me! It really helps me out in between my needing food and waiting for my social security money to come again the next month. The people who work at Channel One are very helpful and friendly. I have brought some of my friends to Channel One, so they can get the help they need too. I get the senior box each month, which has good things in it for me to eat. I am just thankful to God for a place like Channel One and for all the help you offer - from food to house and personal needs. I am especially thankful for all the fresh fruits and vegetables! I include you and all of those who donate to Channel One in my prayers. Everyone who comes to Channel One should consider it a blessing!"



2013-2014 Audited Financials

Statement of Financial Position For Year Ended June 30, 2014

Statement of Activities For Year Ended June 30, 2014

Assets (includes value of donated product)

Cash and Cash Equivalents	\$842,978
Accounts Receivable	102,805
Pledges and Contributions Receivable	342,636
Inventories	716,702
Interest Receivable	-
Prepaid Expenses	36,139
Beneficial Interest in Perpetual Trust	569,890
Interest in the Net Assets of The Rochester Area Foundation	10,000
Loan Fees, Net	12,719
Long-Term Portion of Pledges and Contributions Receivable, Net	129,856
Investments	611,934
Construction in Progress	1,278,544
Property and Equipment, net	<u>1,607,076</u>

Total Assets

\$6,261,279

Liabilities and Net Assets

Current Liabilities	
Accounts Payable	\$309,696
Accrued Payroll and Related Liabilities	107,681
Current Portion of Long-Term Debt	<u>98,914</u>
Total Liabilities	<u>516,291</u>
Long-Term Liabilities	
Long-Term Debt	485,773
Net Assets	
Unrestricted	3,922,116
Temporarily Restricted	749,509
Permanently Restricted	<u>587,590</u>
Total Net Assets	<u>5,259,215</u>

Total Liabilities and Net Assets

\$6,261,279

Public Support and Revenue

Public Support	
Contributed Food	\$11,463,618
Contributions	1,854,733
United Way Agencies	130,848
Change in Value of Perpetual Trust	2,577
Government Agencies	<u>355,910</u>
Total Public Support	<u>13,807,686</u>

Revenue

Program Services	1,326,528
Investment Income	4,929
Miscellaneous	<u>17,724</u>
Total Revenue	1,349,181

Total Public Support and Revenue

15,156,867

Expenses

Program Services	
Food Bank	13,613,151
Commodity Supplemental Food Prog.	486,074
Supplemental Food Shelf	450,706
Back Pack Program	149,060
Other	<u>26,846</u>
Total Program Services	<u>14,725,837</u>
Supporting Services	
General and Administrative	474,216
Fundraising	<u>282,182</u>
Total Expense	<u>15,482,235</u>

Change in Net Assets

\$ (325,368)

Net Assets - Beginning

5,584,583

Net Assets - Ending

\$5,259,215



Channel One Regional Food Bank Board of Directors

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 Jim Bressi, Vice Chair
 Diane Lund, Secretary
 Rick Lien, Corporate Officer
 Marco Wageman, Corporate Officer

Anne Ager, Member
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 Tom Aleshire, Member
 Pastor Paul Bauch, Member
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