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**FOR IMMEDIATE RELEASE**



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### **Last day for Empty Bowls To-Go orders is tomorrow**

ROCHESTER, Minn.—Those who are interested in purchasing [Empty Bowls To-Go](#) soup to help increase food security in the community have until tomorrow to place an order.

Empty Bowls To-Go orders will be taken [online](#) until 7 p.m. Wednesday, October 4. Because this is a to-go event, there will be no walk-up orders onsite. People will be able to select their desired pick-up time between 11 a.m. to 2 p.m. and 4 to 6 p.m. either October 10 or 11.

Eight different restaurants will be providing a variety of soups that can be purchased in either 12 oz. (a bowl) or 16 oz. (pint) sizes. Every order of soup comes with a free hand-painted bowl if selected during the order process. Specialty bowls crafted by local artisans are also available online for purchase.

The 19th annual Empty Bowls To-Go fundraiser presented by Channel One Regional Food Bank and [Think Bank](#) will be from October 10-11.

All funds raised from the event will be put back into the community and will directly benefit those who are facing food insecurity in Channel One's 14-county service region. Channel One Food Shelf is seeing an unprecedented need with approximately 7,300 household visits in August.

An Empty Bowls To-Go 2023 order form can be found at [helpingfeedpeople.org/empty-bowls](https://helpingfeedpeople.org/empty-bowls).

### **About Channel One Regional Food Bank**

Channel One Regional Food Bank, a member of Feeding America, strengthens food access and builds healthy communities. Channel One operates food programs to serve local and area needs such as: a food bank, a food shelf, mobile pantries, Childhood Hunger Programs, Kitchen Coalition and the Commodity Supplemental Food Program (CSFP). Channel One Regional Food Bank mobilizes organizations, volunteers, and donors to serve the network of over 160 nonprofit programs that provide food for children, adults, and families in need. Channel One serves 14 counties across southeastern Minnesota and western Wisconsin. For more information, call 507.287.2350 or visit [helpingfeedpeople.org](https://helpingfeedpeople.org).

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