



Food & Fund Drive

www.helpingfeedpeople.org

Most Needed Items

We strive to offer a diversity of food that helps balance nutrition intake and diet. This is especially important to children, seniors, and those with health challenges. Monetary gifts are equally important during these drives. As a food bank, Channel One is able to purchase important items like meat and dairy, and are able to stretch your dollars by purchasing at a discount from manufacturers and producers.

Shelf Stable Protein

Canned tuna, chicken or ham, peanut butter, beans, nuts, chickpeas

Fruits and Vegetables

Canned fruits and vegetables, fresh produce

Compete Meals

Hearty soups and stews, box meals

Grains

Rice, pasta, oatmeal, quinoa

Cooking Basics

Flour, oil, sugar, herbs and spices

Special Dietary Need Foods

Gluten free items, low sugar items, low sodium items

Personal Care Items

Toiletries, feminine hygiene items, diapers, toilet paper