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FOR IMMEDIATE RELEASE



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### Pre-orders for 20th annual Empty Bowls To-Go close Wednesday

ROCHESTER, Minn.—The last day for purchasing [Empty Bowls To-Go](#) soup is Wednesday.

Empty Bowls To-Go [pre-orders](#) will be taken online until 7 p.m. Wednesday, October 2. Because this is a to-go event, there will be no walk-up orders onsite. People will be able to select their desired pick-up time between 11 a.m. to 2 p.m. and 4 to 6 p.m. either Tuesday, October 8 or Wednesday, October 9.

Five different local restaurants will be providing a variety of [soups](#) that can be purchased in either 12 oz. (a bowl) or 16 oz. (pint) sizes for \$20 and \$25 respectively. Every order of soup comes with bread and a free hand-painted bowl if selected during the order process. [Specialty bowls](#) crafted by local artisans are also available online for purchase during pre-orders or at the event October 8-9.

The 20th annual Empty Bowls To-Go fundraiser presented by [Channel One Regional Food Bank](#) and [Think Bank](#) will be from October 8-9.

All funds raised from the event will be put back into the community and will directly benefit those who are facing food insecurity in Channel One's 14-county service region. This support comes at a critical time when the Channel One Food Shelf is seeing an unprecedented need with more than 10,000 household visits in August, a 37% increase over August 2023.

The Empty Bowls To-Go 2024 pre-order form can be found at [HelpingFeedPeople.org/Empty-Bowls-To-Go](https://HelpingFeedPeople.org/Empty-Bowls-To-Go).

### **About Channel One Regional Food Bank**

Channel One Regional Food Bank, a member of Feeding America, strengthens food access and builds healthy communities. Channel One operates food programs to serve local and area needs such as: a food bank, a food shelf, mobile pantries, Kitchen Coalition and the Commodity Supplemental Food Program (CSFP). Channel One Regional Food Bank mobilizes organizations, volunteers, and donors to serve the network of over 125 nonprofit programs that provide food for children, adults, and families in need. Channel One serves 14 counties across southeastern Minnesota and western Wisconsin. For more information, call 507.287.2350 or visit [helpingfeedpeople.org](http://helpingfeedpeople.org).